

# Initiation and Engagement of Substance Use Disorder Treatment (IET)

HEDIS Tip Sheet MY 2024



## Measure definition

The percentage of new substance use disorder (SUD) episodes that result in treatment initiation and engagement.

Plans(s)	Quality Program(s)	Collection and Reporting
Marketplace Medicaid Medicare	CMS Quality Rating System CMS Star Ratings NCQA Accreditation NCQA Health Plan Ratings	Administrative: Claim/Encounter Data

Two rates are reported:

1. Initiation of SUD Treatment – The Percentage of new SUD episodes that result in treatment through an inpatient SUD admission, outpatient visit, intensive outpatient encounter, partial hospitalization, telehealth or medication treatment within 14 days.
2. Engagement of SUD Treatment – The Percentage of new SUD episodes that have evidence of treatment engagement within 34 days of initiation visit.

## Best practice and measure tips

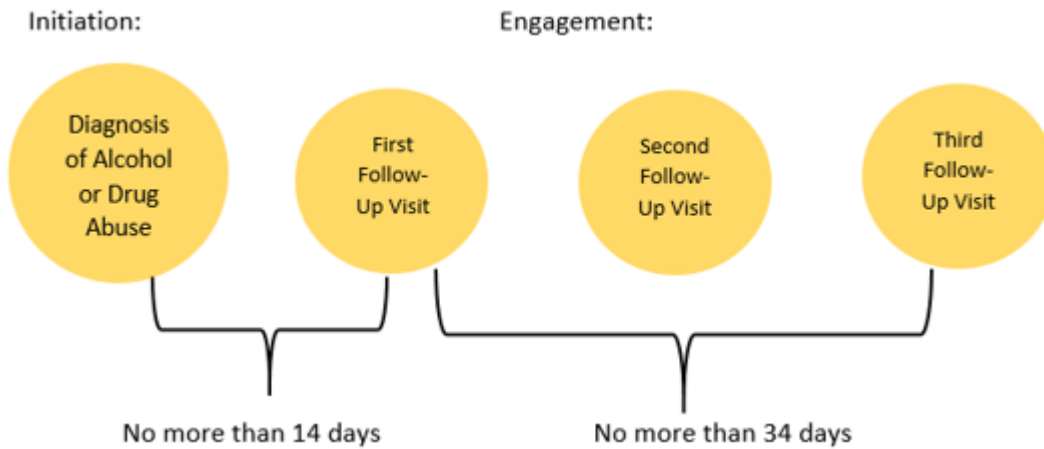
- Facilitate appointments for timely follow up care.
  - If not treating the member directly, refer the member to be seen by a behavioral health provider within 14 days of a new SUD episode and for two and additional visits within 34 days from their initial engagement with a behavioral health provider. Additionally, refer members to a behavioral health provider when diagnosing alcohol or other drug dependence.
  - Encourage the use of telehealth appointments when in-person visits are not feasible or preferred by the member, ensuring continued access to care.
  - Provide reminder calls to confirm appointments.
  - Reach out proactively within 24 hours if the member does not keep a scheduled appointment to schedule another.
  - Be aware of barriers affecting the member’s ability to keep appointments, such as transportation, interpreter needs or equipment needed for telehealth visit (cell phone etc.).
- Confirm who the member’s PCP is and keep them informed.
  - Ensure communication between the PCP and the behavioral health practitioner.
  - Share care transition plans with the PCP.
  - If the member does not have a PCP, instruct them to select one by contacting WellSense Member Services using the phone number on their WellSense ID card.

## Quality score improvement tips

- Maintain consistency in documenting the diagnosis of substance use at each follow-up appointment to facilitate accurate tracking of progress and treatment effectiveness.
- Ensure accurate submission of claims with the correct billing codes to streamline the reimbursement process and prevent payment delays.

- Consider utilizing screening tools or specific questions to identify potential substance abuse concerns in patients.
- Provide timely submission of claims and encounter data.
- Utilize telehealth and home-based therapy where appropriate.
- Engage family members or individuals desired by the member for support, encouraging their involvement in intervening with the member diagnosed with alcohol or other drug dependence.
- Provide members with educational materials and resources detailing the treatment process and available options.
- Initiation of treatment should occur promptly (within 14 days), but ongoing discussions with members regarding treatment options can enhance their willingness to commit to the process.

### IET at a glance



### Exclusions

- Members who used hospice services or elected to use a hospice benefit any time during the measurement year.
- Members who died any time during the measurement year.

### Numerator codes

There is a large list of approved NCQA codes used to identify services included in this measure. The following are the approved codes. For more information, please refer to the American Academy of Professional Coders (AAPC). CPT II codes can be accepted as supplemental data, reducing the need for chart collection and review during the HEDIS hybrid season.

CODES (must include primary diagnosis of substance use disorder)		DESCRIPTIONS
CPT	98960-98962, 99078, 99201-99205, 99211- 99215, 99241-99245, 99341-99345, 99347-99350, 99384 -99387, 99391-99397,99401-99404, 99411, 99412, 9483,99492-99494,99510, 99221-99223, 99231-99233, 99238, 99239, 99251-99255	Behavioral Health Outpatient
CPT	98966-98968, 99441-99443	Telephone Visit
CPT	98969-98972, 99421-99444, 99457	Online Assessment

CPT	F10.10, F10.132, F10.220, F10.27, F10.120, F10.121, F10.129, F10.130, F10.131, F10.139, F10.14, F10.150, F10.151, F10.159, F10.181, F10.182, F10.188, F10.19, F10.20, F10.221, F10.229, F10.230, F10.231, F10.232, F10.24, F10.250, F10.251, F10.259, F10.26, F10.280, F10.281, F10.282, F10.288, F10.29	Alcohol Abuse and Dependence
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**How WellSense can help**

HEDIS tip sheets are designed to help WellSense providers improve and report the quality of care delivered to WellSense members across key metrics.

If you have questions around HEDIS documentation and quality measures, please email the Quality Team at [WS\\_Quality\\_Dept@wellsense.org](mailto:WS_Quality_Dept@wellsense.org).