Coverage Period: 01/01/2025-12/31/2025 Coverage for: Individual + Family Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit

www.wellsense.org or by calling 1-855-833-8122. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">https://www.healthcare.gov/sbc-glossary</a> or call 1-855-833-8122 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0 Individual / \$0 Family	See the Common Medical Event chart below for your costs for services this plan covers.
Are there services covered before you meet your deductible?	Not Applicable	This <u>plan</u> does not have an overall <u>deductible</u> .
Are there other deductibles for specific services?	No	
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$0 Individual / \$0 Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.wellsense.org">www.wellsense.org</a> or call 1-855-833-8122 for a list of <a href="https://metwork.providers">network providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	No.	You can see the <u>network specialist</u> you chose without a <u>referral</u> .

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		What You Will Pay  Network Provider (You will pay the least)  Out-of-Network Provider (You will pay the most)		Limitations Evacations & Other Important	
Common Medical Event	Services You May Need			Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	\$0/ Visit	Not Covered	Specialist visits may require a pre- authorization.	
	<u>Specialist</u> visit	\$0/ Visit	Not Covered	<u>addionzadon</u> .	
If you visit a health care provider's office or clinic	Preventive care/screening/ Immunization	No Charge	Not Covered	Gynecological (GYN) exam limited to once per calendar year. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. Visit <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> for info on services that are considered preventive.	
	Diagnostic test (x-ray, blood work, ultrasound)	0% coinsurance	Not Covered		
If you have a test	Imaging (CT/PET scans, MRIs)	0% coinsurance	Not Covered	Pre-authorization is required; if pre- authorization is not obtained payment for services could be denied.	
If you need drugs to	Generic drugs	\$0	Not Covered	Covers up to a 30-day retail (90-day mail order); prescription contraceptives and	
treat your illness or	Preferred brand drugs	\$0	Not Covered	certain oral anti-cancer drugs are covered in	
condition  More information about	Non-preferred brand drugs	\$0	Not Covered	full; step therapy and <u>pre-authorization</u> may be required for certain drugs and supplies.	
prescription drug coverage is available at www.wellsense.org	Specialty drugs	\$0	Not Covered	Covers up to a 30-day supply from participating specialty pharmacies. 90-day mail order not available; pre-authorization may be required.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	0% coinsurance	Not Covered	Includes diagnostic colonoscopies and	
	Physician/surgeon fees	\$0	Not Covered	endoscopies; <u>pre-authorization</u> may be required.	
If you need immediate	Emergency room care	\$0	\$0	If you receive emergency services from a non-network provider, the plan pays up to the	

	What You Will Pay			Limitations Fuscations 9 Other Immediate	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
medical attention				allowed amount.	
	Emergency medical transportation	\$0	\$0	None	
	<u>Urgent care</u>	\$0	\$0	Urgent care from non-network providers outside of the service area is covered for medically necessary covered services.	
If you have a hospital	Facility fee (e.g., hospital room)	\$0	Not Covered	Pre-authorization is required; if pre-	
stay	Physician/surgeon fees	0%	Not Covered	authorization is not obtained, payment for services may be denied.	
If you need mental health, behavioral	Outpatient services	\$0	Not Covered	Pre-authorization may be required from our 3 <sup>rd</sup> party contractor, Carelon Behavioral	
health, or substance use disorder services	Inpatient services	\$0	Not Covered	Health.	
	Office visits	0%	Not Covered		
16	Childbirth/delivery professional services	0%	Not Covered	Cost-sharing does not apply to routine	
If you are pregnant	Childbirth/delivery facility services	0%	Not Covered	prenatal and postpartum services.	
	Home health care	0%	Not Covered	Pre-authorization is required; if pre- authorization is not obtained payment for services could be denied.	
If you need help recovering or have other special health needs	Rehabilitation services	\$0	Not Covered	Limited to 20 visits per therapy per calendar year (except for early intervention services, and members with Autism Spectrum Disorders);  limited to 60 calendar days per calendar year for inpatient admissions; Pre-authorization required for certain services.	

Common Medical Event	Services You May Need	What You Network Provider (You will pay the least)	ou Will Pay Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Habilitation services	\$0 / Visit	Not Covered	Limited to 20 visits per therapy per calendar year (except for early intervention services, and members with Autism Spectrum Disorders); Pre-authorization may be required after initial evaluation.
	Skilled nursing care	0%	Not Covered	Limited to 100 calendar days per calendar year; Pre-authorization is required; If pre-authorization is not obtained, payment for services could be denied.
	Durable medical equipment	0%	Not Covered	Coinsurance does not apply to wigs and breast pumps and related supplies; Pre-authorization may be required from our 3 <sup>rd</sup> party vendor, Northwood, Inc.
	Hospice services	0%	Not Covered	Pre-authorization is required. If you do not get pre-authorization, payment for services could be denied.
	Children's eye exam	No Charge Preventive exam; \$0 for non-routine and routine exams.	Not Covered	Preventive eye exams are limited to one every 12 months until the end of the calendar month in which they turn age 19.
If your child needs dental or eye care	Children's glasses	0%	Not Covered	Limited to one set of prescription lenses and frames or contact lenses per calendar year until the end of the calendar month in which they turn age 19.
	Children's dental check-up	Not Covered	Not Covered	Members may purchase a separate stand- alone dental plan.

#### **Excluded Services & Other Covered Services:**

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic Surgery
- Dental care except as described in EOC
- Early Intervention services for children age 3 and older
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
  - Services beyond any listed benefit or monetary limit

## Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Abortion
- Bariatric Surgery
- Chiropractic Care up to 12 visits per calendar year.
- Diagnostic laboratory tests including coverage for: Perfluoroalkyls (PFAS) and Perfluorinated Compound (PFC) Blood Testing, HLA (bone marrow testing), Blood Lead Testing
- Hearing aids
- Infertility Treatment (limited to diagnostic tests to find the cause of infertility and services to treat the underlying medical condition that causes the infertility).
- Non Prescription Enteral Formulas and Low Protein Food
- Non-Routine Vision as described in the EOC
- Routine foot care (only for members with diabetes or systemic circulatory disease or peripheral artery disease.)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: The contact information for those agencies is: New Hampshire Insurance Department - Consumer, Health Insurance at 1-800-852-3416 or <a href="www.nh.gov">www.nh.gov</a>, or The U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-3272 or <a href="www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the Department of Health and Human Service's Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <a href="www.dol.gov/ebsa">www.cciio.cms.gov</a>. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="health Insurance">Health Insurance</a> <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

- WellSense Health Plan Member Service at 1-855-833-8122
- The U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-855-833-8122.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-833-8122.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-855-833-8122.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-855-833-8122.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

Ine <u>plan's</u> overall <u>c</u>	<u>ieauctible</u> \$
■ Specialist copayme	<u>nt</u> \$
Hospital (facility)	0% coinsurance

### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)
Prescription drugs

Total Example Cost	\$12,970	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$0	
<u>Copayments</u>	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Peg would pay is	\$0	

# Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$0
■ Primary care visit copayment	\$0
■ Durable medical equipment 0% co	insurance

### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,720	
In this example, Joe would pay:		
Cost Sharing		
Deductibles	\$0	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Joe would pay is	\$0	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0
■ Specialist copayment	\$0
<b>■</b> Emergency room copayment	\$0
■ Durable medical equipment 0% (	coinsurance

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800		
In this example, Mia would pay:			
Cost Sharing			
<u>Deductibles</u>	\$0		
<u>Copayments</u>	\$0		
Coinsurance	\$0		
What isn't covered	•		
Limits or exclusions	\$0		
The total Mia would pay is	\$0		

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The  $\underline{\text{plan}}$  would be responsible for the other costs of these EXAMPLE covered services .

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