




The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, visit [www.wellsense.org](http://www.wellsense.org) or by calling 1-855-833-8122. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary> or call 1-855-833-8122 to request a copy.

| Important Questions   | Answers   | Why This Matters:   |
|---|---|---|
| <b>What is the overall <a href="#">deductible</a>?</b>                                | \$7,300 Individual / \$14,600 Family (Medical and RX)   | See the Common Medical Event chart below for your costs for services this <a href="#">plan</a> covers.  |
| <b>Are there services covered before you meet your <a href="#">deductible</a>?</b>    | Preventive Services, Urgent Care Services, PCP Office Visits, Physical, Speech and Occupational Therapy Services, and Specialist Office Visits are covered with no Deductible | You must pay up to the specific <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay for services other than those listed.  |
| <b>Are there other <a href="#">deductibles</a> for specific services?</b>             | No.   |   |
| <b>What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a>?</b> | \$7,300 Individual / \$14,600 Family (Medical and RX)   | The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.   |
| <b>What is not included in the <a href="#">out-of-pocket limit</a>?</b>               | Premiums, balance-billed charges, and health care this plan doesn't cover.  | Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .   |
| <b>Will you pay less if you use a <a href="#">network provider</a>?</b>               | Yes. See <a href="http://www.wellsense.org">www.wellsense.org</a> or call 1-855-833-8122 for a list of <a href="#">network providers</a> .                                    | This <a href="#">plan</a> uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the <a href="#">plan's network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the <a href="#">provider's</a> charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services. |
| <b>Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a>?</b>    | No.   | You can see the <a href="#">network specialist</a> you chose without a <a href="#">referral</a> .   |

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

| Common Medical Event  | Services You May Need  | What You Will Pay  |  | Limitations, Exceptions, & Other Important Information   |
|---|--|--|--|--|
|   |  | Network Provider<br>(You will pay the least)                   | Out-of-Network Provider<br>(You will pay the most) |  |
| <b>If you visit a health care provider's office or clinic</b>   | Primary care visit to treat an injury or illness                 | \$0 / Visit  | Not Covered  | <a href="#">Specialist</a> visits may require a <a href="#">pre-authorization</a> .  |
|   | <a href="#">Specialist</a> visit                                 | \$0 / Visit  | Not Covered  |  |
|   | <a href="#">Preventive care/screening/</a><br>Immunization       | No Charge  | Not Covered  | Gynecological (GYN) exam limited to once per calendar year. You may have to pay for services that aren't preventive. Ask your <a href="#">provider</a> if the services needed are preventive. Then check what your plan will pay for. Visit <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> for info on services that are considered preventive. |
| <b>If you have a test</b>   | <a href="#">Diagnostic test</a> (x-ray, blood work, ultrasounds) | 0%   | Not Covered  | <a href="#">Pre-authorization</a> is required; if <a href="#">pre-authorization</a> is not obtained payment for services could be denied.  |
|   | Imaging (CT/PET scans, MRIs)                                     | 0%   | Not Covered  |  |
| <b>If you need drugs to treat your illness or condition</b><br>More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.wellsense.org">www.wellsense.org</a> | Generic drugs  | 0% coinsurance Retail / Mail order prescription                | Not Covered  | Covers up to a 30-day retail (90-day mail order); prescription contraceptives and certain oral anti-cancer drugs are covered in full; step therapy and <a href="#">pre-authorization</a> may be required for certain drugs and supplies.   |
|   | Preferred brand drugs  | 0% coinsurance Retail / Mail order prescription                | Not Covered  |  |
|   | Non-preferred brand drugs  | 0% coinsurance Retail / Mail order prescription                | Not Covered  |  |
|   | <a href="#">Specialty drugs</a>                                  | 0% coinsurance Retail / Mail order prescription not applicable | Not Covered  | Covers up to a 30-day supply from participating specialty pharmacies; 90-day mail order not available; <a href="#">pre-authorization</a> may be required.  |

| Common Medical Event   | Services You May Need                            | What You Will Pay                            |  | Limitations, Exceptions, & Other Important Information  |
|--|--|--|--|---|
|  |  | Network Provider<br>(You will pay the least) | Out-of-Network Provider<br>(You will pay the most) |   |
| If you have outpatient surgery   | Facility fee (e.g., ambulatory surgery center)   | 0%   | Not Covered  | Includes diagnostic colonoscopies and endoscopies; <a href="#">pre-authorization</a> may be required.                                     |
|  | Physician/surgeon fees                           | 0%   | Not Covered  |   |
| If you need immediate medical attention                                  | <a href="#">Emergency room care</a>              | 0%   | 0%   | If you receive emergency services from a non-network provider, the plan pays up to the allowed amount.                                    |
|  | <a href="#">Emergency medical transportation</a> | 0%   | 0%   | None  |
|  | <a href="#">Urgent care</a>                      | 0%   | 0%   | <a href="#">Urgent care</a> from non-network providers outside of the service area is covered for medically necessary covered services.   |
| If you have a hospital stay  | Facility fee (e.g., hospital room)               | 0%   | Not Covered  | <a href="#">Pre-authorization</a> is required; if <a href="#">pre-authorization</a> is not obtained, payment for services may be denied.  |
|  | Physician/surgeon fees                           | 0%   | Not Covered  |   |
| If you need mental health, behavioral health, or substance use disorders | Outpatient services                              | 0%   | Not Covered  | <a href="#">Pre-authorization</a> may be required from our 3 <sup>rd</sup> party contractor, Carelon Behavioral Health.                   |
|  | Inpatient services                               | 0%   | Not Covered  |   |
| If you are pregnant  | Office visits                                    | 0%   | Not Covered  | <a href="#">Cost-sharing</a> does not apply to routine prenatal and postpartum services.  |
|  | Childbirth/delivery professional services        | 0%   | Not Covered  |   |
|  | Childbirth/delivery facility services            | 0%   | Not Covered  |   |
| If you need help recovering or have other special health                 | <a href="#">Home health care</a>                 | 0%   | Not Covered  | <a href="#">Pre-authorization</a> is required; if <a href="#">pre-authorization</a> is not obtained payment for services could be denied. |

| Common Medical Event                          | Services You May Need                     | What You Will Pay   |  | Limitations, Exceptions, & Other Important Information  |
|---|---|---|--|---|
|   |   | Network Provider<br>(You will pay the least)  | Out-of-Network Provider<br>(You will pay the most) |   |
| <b>needs</b>                                  | <a href="#">Rehabilitation services</a>   | 0%  | Not Covered  | Limited to 20 visits per therapy per calendar year (except for early intervention services, and members with Autism Spectrum Disorders); limited to 60 calendar days per calendar year for inpatient admissions; <a href="#">Pre-authorization</a> required for certain services. |
|   | <a href="#">Habilitation services</a>     | 0%  | Not Covered  | Limited to 20 visits per therapy per calendar year (except for early intervention services, and members with Autism Spectrum Disorders); <a href="#">Pre-authorization</a> may be required after initial evaluation.  |
|   | <a href="#">Skilled nursing care</a>      | 0%  | Not Covered  | Limited to 100 calendar days per calendar year; <a href="#">Pre-authorization</a> is required; If <a href="#">pre-authorization</a> is not obtained, payment for services could be denied.  |
|   | <a href="#">Durable medical equipment</a> | 0%  | Not Covered  | Coinsurance does not apply to wigs and breast pumps and related supplies; <a href="#">Pre-authorization</a> may be required from our 3 <sup>rd</sup> party vendor, Northwood, Inc.  |
|   | <a href="#">Hospice services</a>          | 0%  | Not Covered  | <a href="#">Pre-authorization</a> is required. If you do not get <a href="#">pre-authorization</a> , payment for services could be denied.  |
| <b>If your child needs dental or eye care</b> | Children's eye exam                       | No Charge Preventive exam;<br>0% coinsurance / Visit for non-routine and routine exams. | Not Covered  | Preventive eye exams are limited to one every 12 months until the end of the calendar month in which they turn age 19.  |
|   | Children's glasses                        | 0%  | Not Covered  | Limited to one set of prescription lenses and frames or contact lenses per calendar year until the end of the calendar month in which they turn age 19.   |
|   | Children's dental check-up                | Not covered   | Not Covered  | Members may purchase a separate stand-alone dental plan.  |

## Excluded Services & Other Covered Services:

### Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

- Acupuncture
- Cosmetic Surgery
- Dental care except as described in EOC
- Early Intervention services for children age 3 and older.
- Long-term care
- Non-emergency care when traveling outside the U.S
- Private-duty nursing
- Services beyond any listed benefit or monetary limit

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- Abortion
- Bariatric Surgery
- Chiropractic Care - up to 12 visits per calendar year.
- Diagnostic laboratory tests including coverage for: Perfluoroalkyls (PFAS) and Perfluorinated Compound (PFC) Blood Testing, HLA (bone marrow testing), Blood Lead Testing
- Hearing aids
- Infertility Treatment (limited to diagnostic tests to find the cause of infertility and services to treat the underlying medical condition that causes the infertility).
- Non Prescription Enteral Formulas and Low Protein Food
- Non-Routine Vision as described in the EOC
- Routine foot care (only for members with diabetes or systemic circulatory disease or peripheral artery disease.)

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: : New Hampshire Insurance Department - Consumer, Health Insurance at 1-800-852-3416 or [www.nh.gov](http://www.nh.gov), or The U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the Department of Health and Human Service's Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov). Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact:

- WellSense Health Plan Member Service at 1-855-833-8122
- The U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa)

### Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

### Does this plan meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-855-833-8122.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-833-8122.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-855-833-8122.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijijigo holne' 1-855-833-8122.

*To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.*

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## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$7,300
- [Specialist](#) 0% coinsurance after deductible
- [Hospital \(facility\)](#) 0% coinsurance after deductible

#### This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
[Diagnostic tests](#) (*ultrasounds and blood work*)  
[Specialist](#) visit (*anesthesia*)  
[Prescription drugs](#)

|  |                 |
|--|-----------------|
| <b>Total Example Cost</b>              | <b>\$12,970</b> |
| <b>In this example, Peg would pay:</b> |                 |
| <i>Cost Sharing</i>                    |                 |
| <a href="#">Deductibles</a>            | \$7,300         |
| <a href="#">Copayments</a>             | \$0             |
| <a href="#">Coinsurance</a>            | \$0             |
| <i>What isn't covered</i>              |                 |
| Limits or exclusions                   | \$70            |
| <b>The total Peg would pay is</b>      | <b>\$7,300</b>  |

### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$7,300
- [Specialist](#) 0% coinsurance after deductible
- [Primary care visit](#) \$0 coinsurance after deductible
- [Durable medical equipment](#) 0% coinsurance after deductible

#### This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)  
[Diagnostic tests](#) (*blood work*)  
[Prescription drugs](#)  
[Durable medical equipment](#) (*glucose meter*)

|  |                |
|--|----------------|
| <b>Total Example Cost</b>              | <b>\$5,720</b> |
| <b>In this example, Joe would pay:</b> |                |
| <i>Cost Sharing</i>                    |                |
| <a href="#">Deductibles</a>            | \$5,600        |
| <a href="#">Copayments</a>             | \$0            |
| <a href="#">Coinsurance</a>            | \$0            |
| <i>What isn't covered</i>              |                |
| Limits or exclusions                   | \$0            |
| <b>The total Joe would pay is</b>      | <b>\$5,600</b> |

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$7,300
- [Specialist](#) 0% coinsurance after deductible
- [Emergency room](#) 0% coinsurance after deductible
- [Durable medical equipment](#) 0% coinsurance after deductible

#### This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)  
[Diagnostic test](#) (*x-ray*)  
[Durable medical equipment](#) (*crutches*)  
[Rehabilitation services](#) (*physical therapy*)

|  |                |
|--|----------------|
| <b>Total Example Cost</b>              | <b>\$2,800</b> |
| <b>In this example, Mia would pay:</b> |                |
| <i>Cost Sharing</i>                    |                |
| <a href="#">Deductibles</a>            | \$2,500        |
| <a href="#">Copayments</a>             | \$0            |
| <a href="#">Coinsurance</a>            | \$0            |
| <i>What isn't covered</i>              |                |
| Limits or exclusions                   | \$0            |
| <b>The total Mia would pay is</b>      | <b>\$2,500</b> |

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.