




The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, visit [www.wellsense.org](http://www.wellsense.org) or by calling 1-855-833-8122. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary> or call 1-855-833-8122 to request a copy.

Important Questions	Answers	Why This Matters:
<b>What is the overall <a href="#">deductible</a>?</b>	\$7,300 Individual / \$14,600 Family (Medical and RX)	See the Common Medical Event chart below for your costs for services this <a href="#">plan</a> covers.
<b>Are there services covered before you meet your <a href="#">deductible</a>?</b>	Preventive Services, Urgent Care Services, PCP Office Visits, Physical, Speech and Occupational Therapy Services, and Specialist Office Visits are covered with no Deductible	You must pay up to the specific <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay for services other than those listed.
<b>Are there other <a href="#">deductibles</a> for specific services?</b>	No.	
<b>What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a>?</b>	\$7,300 Individual / \$14,600 Family (Medical and RX)	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.
<b>What is not included in the <a href="#">out-of-pocket limit</a>?</b>	Premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .
<b>Will you pay less if you use a <a href="#">network provider</a>?</b>	Yes. See <a href="http://www.wellsense.org">www.wellsense.org</a> or call 1-855-833-8122 for a list of <a href="#">network providers</a> .	This <a href="#">plan</a> uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the <a href="#">plan's network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the <a href="#">provider's</a> charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services.
<b>Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a>?</b>	No.	You can see the <a href="#">network specialist</a> you chose without a <a href="#">referral</a> .

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you visit a health care provider's office or clinic</b>	Primary care visit to treat an injury or illness	\$0 / Visit	Not Covered	<a href="#">Specialist</a> visits may require a <a href="#">pre-authorization</a> .
	<a href="#">Specialist</a> visit	\$0 / Visit	Not Covered	
	<a href="#">Preventive care/screening/</a> Immunization	No Charge	Not Covered	Gynecological (GYN) exam limited to once per calendar year. You may have to pay for services that aren't preventive. Ask your <a href="#">provider</a> if the services needed are preventive. Then check what your plan will pay for. Visit <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> for info on services that are considered preventive.
<b>If you have a test</b>	<a href="#">Diagnostic test</a> (x-ray, blood work, ultrasounds)	0%	Not Covered	<a href="#">Pre-authorization</a> is required; if <a href="#">pre-authorization</a> is not obtained payment for services could be denied.
	Imaging (CT/PET scans, MRIs)	0%	Not Covered	
<b>If you need drugs to treat your illness or condition</b> More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.wellsense.org">www.wellsense.org</a>	Generic drugs	0% coinsurance Retail / Mail order prescription	Not Covered	Covers up to a 30-day retail (90-day mail order); prescription contraceptives and certain oral anti-cancer drugs are covered in full; step therapy and <a href="#">pre-authorization</a> may be required for certain drugs and supplies.
	Preferred brand drugs	0% coinsurance Retail / Mail order prescription	Not Covered	
	Non-preferred brand drugs	0% coinsurance Retail / Mail order prescription	Not Covered	
	<a href="#">Specialty drugs</a>	0% coinsurance Retail / Mail order prescription not applicable	Not Covered	Covers up to a 30-day supply from participating specialty pharmacies; 90-day mail order not available; <a href="#">pre-authorization</a> may be required.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	0%	Not Covered	Includes diagnostic colonoscopies and endoscopies; <a href="#">pre-authorization</a> may be required.
	Physician/surgeon fees	0%	Not Covered	
If you need immediate medical attention	<a href="#">Emergency room care</a>	0%	0%	If you receive emergency services from a non-network provider, the plan pays up to the allowed amount.
	<a href="#">Emergency medical transportation</a>	0%	0%	None
	<a href="#">Urgent care</a>	0%	0%	<a href="#">Urgent care</a> from non-network providers outside of the service area is covered for medically necessary covered services.
If you have a hospital stay	Facility fee (e.g., hospital room)	0%	Not Covered	<a href="#">Pre-authorization</a> is required; if <a href="#">pre-authorization</a> is not obtained, payment for services may be denied.
	Physician/surgeon fees	0%	Not Covered	
If you need mental health, behavioral health, or substance use disorders	Outpatient services	0%	Not Covered	<a href="#">Pre-authorization</a> may be required from our 3 <sup>rd</sup> party contractor, Carelon Behavioral Health.
	Inpatient services	0%	Not Covered	
If you are pregnant	Office visits	0%	Not Covered	<a href="#">Cost-sharing</a> does not apply to routine prenatal and postpartum services.
	Childbirth/delivery professional services	0%	Not Covered	
	Childbirth/delivery facility services	0%	Not Covered	
If you need help recovering or have other special health	<a href="#">Home health care</a>	0%	Not Covered	<a href="#">Pre-authorization</a> is required; if <a href="#">pre-authorization</a> is not obtained payment for services could be denied.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>needs</b>	<a href="#">Rehabilitation services</a>	0%	Not Covered	Limited to 20 visits per therapy per calendar year (except for early intervention services, and members with Autism Spectrum Disorders); limited to 60 calendar days per calendar year for inpatient admissions; <a href="#">Pre-authorization</a> required for certain services.
	<a href="#">Habilitation services</a>	0%	Not Covered	Limited to 20 visits per therapy per calendar year (except for early intervention services, and members with Autism Spectrum Disorders); <a href="#">Pre-authorization</a> may be required after initial evaluation.
	<a href="#">Skilled nursing care</a>	0%	Not Covered	Limited to 100 calendar days per calendar year; <a href="#">Pre-authorization</a> is required; If <a href="#">pre-authorization</a> is not obtained, payment for services could be denied.
	<a href="#">Durable medical equipment</a>	0%	Not Covered	Coinsurance does not apply to wigs and breast pumps and related supplies; <a href="#">Pre-authorization</a> may be required from our 3 <sup>rd</sup> party vendor, Northwood, Inc.
	<a href="#">Hospice services</a>	0%	Not Covered	<a href="#">Pre-authorization</a> is required. If you do not get <a href="#">pre-authorization</a> , payment for services could be denied.
<b>If your child needs dental or eye care</b>	Children's eye exam	No Charge Preventive exam; 0% coinsurance / Visit for non-routine and routine exams.	Not Covered	Preventive eye exams are limited to one every 12 months until the end of the calendar month in which they turn age 19.
	Children's glasses	0%	Not Covered	Limited to one set of prescription lenses and frames or contact lenses per calendar year until the end of the calendar month in which they turn age 19.
	Children's dental check-up	Not covered	Not Covered	Members may purchase a separate stand-alone dental plan.

## Excluded Services & Other Covered Services:

### Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

- Acupuncture
- Cosmetic Surgery
- Dental care except as described in EOC
- Early Intervention services for children age 3 and older.
- Long-term care
- Non-emergency care when traveling outside the U.S
- Private-duty nursing
- Services beyond any listed benefit or monetary limit

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- Abortion
- Bariatric Surgery
- Chiropractic Care - up to 12 visits per calendar year.
- Diagnostic laboratory tests including coverage for: Perfluoroalkyls (PFAS) and Perfluorinated Compound (PFC) Blood Testing, HLA (bone marrow testing), Blood Lead Testing
- Hearing aids
- Infertility Treatment (limited to diagnostic tests to find the cause of infertility and services to treat the underlying medical condition that causes the infertility).
- Non Prescription Enteral Formulas and Low Protein Food
- Non-Routine Vision as described in the EOC
- Routine foot care (only for members with diabetes or systemic circulatory disease or peripheral artery disease.)

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: : New Hampshire Insurance Department - Consumer, Health Insurance at 1-800-852-3416 or [www.nh.gov](http://www.nh.gov), or The U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the Department of Health and Human Service's Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov). Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact:

- WellSense Health Plan Member Service at 1-855-833-8122
- The U.S. Department of Labor's Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa)

### Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

### Does this plan meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-855-833-8122.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-833-8122.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-855-833-8122.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijijigo holne' 1-855-833-8122.

*To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.*

**PRA Disclosure Statement:** According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is **0938-1146**. The time required to complete this information collection is estimated to average **0.08** hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$7,300
- [Specialist](#) 0% coinsurance after deductible
- [Hospital \(facility\)](#) 0% coinsurance after deductible

#### This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
[Diagnostic tests](#) (*ultrasounds and blood work*)  
[Specialist](#) visit (*anesthesia*)  
[Prescription drugs](#)

<b>Total Example Cost</b>	<b>\$12,970</b>
---------------------------	-----------------

#### In this example, Peg would pay:

<i>Cost Sharing</i>	
<a href="#">Deductibles</a>	\$7,300
<a href="#">Copayments</a>	\$0
<a href="#">Coinsurance</a>	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$70
<b>The total Peg would pay is</b>	<b>\$7,300</b>

### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$7,300
- [Specialist](#) 0% coinsurance after deductible
- [Primary care visit](#) \$0 coinsurance after deductible
- [Durable medical equipment](#) 0% coinsurance after deductible

#### This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)  
[Diagnostic tests](#) (*blood work*)  
[Prescription drugs](#)  
[Durable medical equipment](#) (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,720</b>
---------------------------	----------------

#### In this example, Joe would pay:

<i>Cost Sharing</i>	
<a href="#">Deductibles</a>	\$5,600
<a href="#">Copayments</a>	\$0
<a href="#">Coinsurance</a>	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Joe would pay is</b>	<b>\$5,600</b>

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$7,300
- [Specialist](#) 0% coinsurance after deductible
- [Emergency room](#) 0% coinsurance after deductible
- [Durable medical equipment](#) 0% coinsurance after deductible

#### This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)  
[Diagnostic test](#) (*x-ray*)  
[Durable medical equipment](#) (*crutches*)  
[Rehabilitation services](#) (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,800</b>
---------------------------	----------------

#### In this example, Mia would pay:

<i>Cost Sharing</i>	
<a href="#">Deductibles</a>	\$2,500
<a href="#">Copayments</a>	\$0
<a href="#">Coinsurance</a>	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$2,500</b>

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.