

# We'll send you free diapers and a \$40 OTC card\*

When you see your provider or midwife within 7-84 days after delivery



## Congratulations on the birth of your new baby!

It is important to have a routine postpartum visit with your provider **1 to 12 weeks (7-84 days)** after giving birth. This appointment will include a physical exam and will give you a chance to discuss feeding, postpartum depression, and your return to daily activities.

## Get free diapers in 4 simple steps:

- 1 See your doctor or midwife between **1 to 12 weeks (7-84 days)** after your delivery
- 2 Complete and sign the form below after you attend your postpartum visit
- 3 Choose a diaper size
- 4 Return the form in the enclosed prepaid envelope, email a copy to **diapers@wellsense.org**, or have your provider's office fax it to **617-951-3411**

## If you do not have the prepaid envelope, please mail this form to:

### WellSense Health Plan

Schrafft's City Center  
529 Main Street, Suite 500  
Charlestown, MA 02129  
Attn: Quality PPV

*Please allow 4-6 weeks for shipping*

## Please choose a diaper size (check one):

**Size 1** (up to 14 lbs) - 200 diapers    **Size 2** (12-18 lbs) - 168 diapers    **Size 3** (16-28 lbs) - 144 diapers

## Member Information

You must be a WellSense member at the time of your postpartum doctor's visit to receive a free box of diapers and a \$40 over-the-counter card for health and hygiene items. We may contact your provider to confirm the visit.

**Member Name:**

**Phone Number:**

**WellSense Member ID** (example NH123456700):

**Street Address** (diapers will be sent here):

**City:**

**State:**

**Zip:**

We're here to help

877-957-1300 | TTY: 711



\*One box of diapers (\$20 value) per Well Sense member per pregnancy. You may earn up to \$250 in cash and non-cash goods and services each State fiscal year which runs from July 1 to June 30.

22\_404\_QM\_NH\_PP\_Diaper\_Incentive\_Form